

Curriculum Vitae (Dr. Hani Hamad)

Personal Data:

Name : Hani Jameel Mohammad Hamad
Nationality : Jordanian.
Status : Married (Four kids)
E-mail : hanihamad14@yahoo.com ;
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Mobile# : +962776190572
Residence: : Shafa Badran area , Amman, Jordan
(Near Hajj Muhammad Al-Marj Al-Adwan Mosque)



Academic Qualifications

A) Degree/Yr : **Doctor of Philosophy (PhD), 2011**

Field : **Community Nutrition**

Institution : **Department of Nutrition and Dietetics**, Faculty of Medicine and Health Sciences,
University of Putra, Malaysia (UPM) (#148: **QS World University Rankings 2025**), 43400,
Serdang, Selangor, **Malaysia**

B) Degree/Yr : **Master of Science (M.Sc.), 2003**

Field : **Nutrition and Food Science / Nutritional Science**

Institution : Department of Nutrition and Food Science / Faculty of Agriculture ,University of Jordan , Jordan

C) Degree/Yr : **Bachelor of Science (B.Sc.), 1998**

Field : Agricultural Sciences / **Nutrition and Food Technology**

Institution : **Department of Nutrition and Food Technology**, Faculty of Agriculture, Jordan University
of Science and Technology (J.U.S.T), Jordan

Professional Experience:

<i>Time</i>	<i>Job Title</i>	<i>Affiliation</i>
Oct./2025 - till now	Associate Professor, Head of Dept	Department of Clinical Nutrition and Dietetics/ Faculty of Allied Medical Sciences, Philadelphia University ,Jordan
Sept./2022 - Sept./2025	Associate Professor	Department of Clinical Nutrition and Dietetics/ Faculty of Allied Medical Sciences, Philadelphia University ,Jordan
Jul./2020 - Sept./2022	Associate Professor	Department of Food Science and Nutrition / Faculty of Agriculture, Jerash University, Jerash, Jordan
Oct./2012 - Jul./2020	Assistant Professor	Department of Food Science and Nutrition / Faculty of Agriculture, Jerash University, Jerash, Jordan
Feb./2012 - Jun./2012	Part-time Lecturer	Department of Food Technology, TOLEDO University College, Al-Balqa Applied University Irbid, Jordan
Apr./2005 - Feb./2007	Research Assistant	Department of Nutrition and Dietetics, Faculty of Medicine and Health Sciences, University of Putra, Malaysia, Malaysia
Dec/2003 - Apr/2004	Nutritionist	six-months training program organized by the Nutrition and Health Education Clinic and Department of Nutrition /Islamic Hospital, Amman, Jordan.
Sep./2001 - Sep./2002	Graduate Research Assistant	Department of Nutrition and Food Technology, Faculty of Agriculture, University of Jordan
Mar./1999 - Dec./1999	Production engineer & quality control manager	Mafraq Food Industries Company (MAFICO), in training program organized by Agriculture Engineers Association (Jordan)

Taught courses:

1. Principles of Nutritional Science	2. Fundamentals of Food and Nutritional Science
3. Human Nutrition	4. Nutritional Status Assessment (Theory & Practical)
5. Nutrition Education and Extension	6. Diet Therapy (1)
7. Diet Therapy (2)	8. Clinical Nutrition (Nursing)
9. Meal Planning	10. Field Training (Practical/Nutrition- 12 Credits)

11.Special Topics in Food and Nutrition	12.Nutrition Through Life cycle
13.Community Nutrition(Theory & Practical)	14.Food in our Life
15.Introduction to Food Technology	16.Food Quality Control
17.Nutrition and Metabolism	18.Sports Nutrition
19.Nutritional Epidemiology	20.Seminar (Recent Nutrition Topics)
21.Clinical Nutrition (Nursing)	22. Clinical Nutrition (Physical therapy)

Publications:

1. Abusamra Y. A. K, Shomali M. R, Hamad H, Dakkah A. N. Effect of Aging on the Main Active Ingredients in the Volatile Oil and Crude Methanolic Extract from *Achillea santolina*. *Biomed Pharmacol J* **2025**;18(2).
2. Ashraf O. Khashroum, Shamaail A. Saewan , **Hani J. Hamad** , Zaher Al-Bashabsheh, Zaid Kh. Khidhir, Hussain Muhaldin, Rinas Muhammed, Zryan Kawa, Zryan Nwry (**2026**). Evaluation of the effect of storage at 4 °C on quality properties of canned meat. *Pakistan Journal of Scientific and Industrial Research Series B: Biological Sciences*. (Accepted)
3. Ahmad Albrmawi, Ashraf Khashroum, **Hani Hamad**, Shamaail Saewan, Hadeel Obeidat (**2025**). The Impact of Water Quality on Jordanian Public Health Status: A Case Study in Zarqa Basin. *Int. j. adv. multidisc. res. stud.* 5(2):2214-2227.
4. Abdullah H. Anaqreh, **Hani J. Hamad**, Maher M. Al-Dabbas, Ahmad Sundookah, Fadwa Alhalaiqa, Rawan Al-Jaloudi, Mohammad A. Al-Ma'ani, Radi A. Al-Tarawneh. (**2025**). Household food insecurity and nutritional status of pre-school children following relaxation of corona virus disease-2019 (COVID-19) restrictions. *Clinical Nutrition ESPEN*, Volume 66, Pages 255-261.
5. Al-Jaloudi, R.; Al-Refaie, D.;Shahein, M.; Hamad, H.J.; Al-Dabbas, M.M.; Shehadeh, N.; AlBtoosh, J.; Al-Nawasrah, B.A.; Alkhderat, R.; Ababneh, S.K (**2025**). Development of Functional Jelly Gums Using Blueberry Concentrate and Honey: Physicochemical and Sensory Analysis. *Processes*, 13, 508. <https://doi.org/10.3390/pr13020508>.
6. Al-Dabbas, M.M.; Al-Jaloudi, R.; Hamad, H.J.; Al-Nawasrah, B.A.; Al-Refaie, D.; Abughoush, M.; Aldabbas, A.; Iqbal, S (**2025**). Antioxidant, Antibacterial, and Antidiabetic Activities of Different Extracts from Wild Olive Leaves Grown in United Arab Emirates. *Processes*, 13, 998. <https://doi.org/10.3390/pr13040998>
7. Al-Dabbas, M.M.; Abu Samaan, E.G.; Iqbal, S.; Hamad, H.J.; Al-Jaloudi, R.; Shahein, M.; Al-Nawasrah, B.A.; Al-Zabt, A.; Al-Refaie, D.; Shehadeh, N.; et al (**2025**). Antioxidant, Physiochemical, and Sensory Properties of Functional Marshmallow Produced from Honey, Strawberry Concentrates, and Hibiscus Extract. *Foods*, 14, 265. <https://doi.org/10.3390/foods14020265>
8. S. Deivasigamani **Hani J. Hamad**, Zaher Al-Bashabsheh, Madhanagopal Jagannathan B. Sakthivel, K.Gowrishankar (**2025**). Machine learning-assisted prediction of associated risk factors for depression,

anxiety and stress among nursing students. *Cuestiones De Fisioterapia*, 54(2), 284-294.

9. Al Maghaireh, D., Basyouni, N., Alsager, K., Kawafha, M., Al-Ma'ani, M.A., Hamad, H.J., Hamadeh, L., Sheyab, H. and Al Kofahi, A. (2025). The effect of an emotional support training program on weight self-stigma and body image among women with polycystic ovary syndrome. *Nutrition & Food Science*, 55(2), PP: 372-383. <https://doi.org/10.1108/NFS-06-2024-0211>
1. Al-Jawaldeh, A., Taktouk, M., Al Dhaheri, A., Alkazemi, D. U. Z., Dr, Ibrahim, E., **Hamad, H.**, ... Benajiba, N. (2024, November 27). Advocacy Brief: understanding the role of nutrition for individuals living with genetic disorders. <https://doi.org/10.31219/osf.io/ysr4x>
2. Maher M Al-Dabbas, Azza Ramadan, **Hani J Hamad**, Zaher Al-Bashabsheh, Mahmoud Abughoush, Kawthar Kayed, Bha'a Aldin Al-Nawasra, Ahmad Aldabbas and Sehar Iqbal (2024). Cytotoxic, antioxidant and α -amylase inhibitory activities of wild and Nabali olive leaf extracts from Jordan. *Pak. J. Pharm. Sci.*, Vol.37, No.3, pp.571-581. doi.org/10.36721/PJPS.2024.37.3.REG.571-581.1
3. Al-Zabt A.M., **Hamad, H.J.**, Pak-Dek, M.S., Ramli, N.S. and Rukayadi, Y (2024). Antioxidant activity of jambu bol [*Syzygium malaccense* (L.) Merr. and Perry] leaves extract. *Food Research*, 8 (2) : 427 - 434 **(SCOPUS Q3)**
4. AlJaloudi, Rawan, Maher M. Al-Dabbas, **Hani J. Hamad**, Rawan A. Amara, Zaher Al-Bashabsheh, Mahmoud Abughoush, Imranul H. Choudhury, Bha'a Aldin Al-Nawasrah, and Sehar Iqbal (2024). "Development and Characterization of High-Energy Protein Bars with Enhanced Antioxidant, Chemical, Nutritional, Physical, and Sensory Properties" *Foods* 13, no. 2: 259. <https://doi.org/10.3390/foods13020259> **(SCOPUS Q1)**
5. Ashraf Khashroum, Yazan Fawadleh, **Hani J. Hamad**, Shamaail Saewan, Islam Al-Mashagbeh & Mohammad Al-Alawneh (2024). Effect of additions of humic and fulvic acids on soil properties and germination percentage of cucurbit plants (zucchini and cucumber). *Nature Environment and Pollution Technology*, Vol. 23, No.1. **(SCOPUS Q4)**
6. Mariam M. Kawafha, Dua'a F. Al-Maghaireh, **Hani J. Hamad** et al. (2023). Impact of Parental Support During Health Behavior Classes on Primary School Students' Awareness of Obesity. *Journal for Research in Attachment Therapy and Developmental Diversities*, August; 6 (9s): 1460-1468. **(SCOPUS Q4)**
7. Al-Dabbas, Maher M., Majd Moumneh, **Hani J. Hamad**, Mahmoud Abughoush, Balkees Abuawad, Bha'a Aldin Al-Nawasrah, Rawan Al-Jaloudi, and Sehar Iqbal (2023). "Impact of Processing and Preservation Methods and Storage on Total Phenolics, Flavonoids, and Antioxidant Activities of Okra (*Abelmoschus esculentus* L.)" *Foods* 12, no. 19: 3711. <https://doi.org/10.3390/foods12193711> **(SCOPUS Q1)**

8. Madhanagopal Jagannathan, **Hani J. Hamad**, Zaher Al-bashabsheh1, Stephen Yong, Christina Gellknight & Fuad A Abdulla (2023). Influence of Six Weeks Eye Exercise Program on the Severity of Digital Eye Strain Among Primary School Students. *Innovations*, Number 74:585. **(SCOPUS Q4)**
9. Ashraf O. Khashroom ,Shamaail A. Saewan , Saher S. George , **Hani J. Hamad** (2020). Environmental Pollution and its Effect on Quality of the Bottled and Non-bottled Drinking Water. *Arab Journal for Foodand Nutrition*, August; Vol.20; No.47.
10. Shamaail A. Saewan, Saher S. George, Ashraf O. Khashroom & **Hani J. Hamad** (2020). The Impact of Environmental Polution and Industrial Processes on the Microbial Content and Residual Elements in DriedFruits. *Anbar Journal of Agricultural Sciences*, 18(2): 263–271.
11. Dua’a F. Al-Maghaireh, Mariam Mofleh Kawafha , Niven R. Basyouni , Ahmad Mahmoud Saleh & **Hani J. Hamad** (2020). Non-pharmacological coping skills for Labor: A comparative study. *International Medical Journal*, 25(01) **(SCOPUS/ UNRATED)**
12. Ahmad A. Obeidat, **Hani J. Hamad**, Bara'ah Mehdawi, Maysam Al-Sayyad, Seba Alaqqad, Raghad AlAjloni, Mustafa Shanaah and Ashraf M. Al-Khamaiseh (2019). Alarming High Prevalence of Overweightand Obesity among Adults in Jerash University: A Cross-Sectional study. *Bull. Env. Pharmacol. Life Sci.*, 8(10):109-117
13. Mona S. Hashim , Asma A. Obaideen, Haitham A. Jahrami , Hadia Radwan , **Hani J. Hamad**, Alaa A. Owais, Lubna G. Alardah, Samir Qiblawi, Nabeel Al-Yateem and “Mo’ez Al-Islam” E. Faris(2019). Premenstrual Syndrome Is Associated with Dietary and Lifestyle Behaviors among University Students: A Cross-Sectional Study from Sharjah, UAE. *Nutrients*, 11: 1939. **(SCOPUS Q1)**
14. Ahmad A. Obeidat , **Hani J. Hamad**, Shamaail A. Saewan , Ashraf O. Khashroom and Omar K Al-Boqai (2019). Iron Bioavailability, Deficiency and its Consequences in Infants and Children: State of the Art. *Bull.Env. Pharmacol. Life Sci.*8(8):129-138.
15. **Hani J. Hamad** and Dua'aFayiz Al-Magaireh (2019). Validation of the Arabic Version of the MiniDepression, Anxiety and Sleep Disturbance Questionnaires in Jordan. *International Journal of NovelResearch in Healthcare and Nursing*, 6(2): 808-817.
16. Ashraf O. Khashroom ,Shamaail A. Saewan , Saher S. George , **Hani J. Hamad** (2019) . Chemical and Microbial Environmental Contaminants in Fruits and Vegetables and their Effects on Health: A Mini Review.
17. (*IOSR Journal of Environmental Science, Toxicology and Food Technology (IOSR-JESTFT)*) 13(4):70-76.
18. Maher M. Al-Dabbas , Asma A. Shaderma, Tawfiq M. Al-Antary, Hadeel A. Ghazzawi and **Hani J.**

Hamad (2018). Effect of Ozonation on Cypermethrin and Chloropyrifos Pesticides Residues Degradation in Tomato Fruits. *Fresenius Environmental Bulletin*, 27(10):6628-6633. **(SCOPUS Q1/ AT PUBLICATION TIME)**

19. Ahmad A. Gharaibeh, **Hani J. Hamad**, Basil H. Amarneh and Nizar. Alrabadi. (2017). Obesity and Related Factors among Jerash University Population. *Journal of Health, Medicine and Nursing*, Vol.35; 106-111.
20. **Hani J. Hamad** (2017). Prevalence of Obesity and Perceptions of Body Weight among University Students: Evidence from Jordan. *Journal of Health, Medicine and Nursing*, Vol.34; 37-39.
21. **Hani J. Hamad** (2017). Meeting Dietary Food Groups Serving's Requirements of Food Guide Pyramid among Jordanian University Students. *Journal of Medicine, Physiology and Biophysics*, Vol.29; 1-4.
22. **Hani J. Hamad** (2017). Dietary and Lifestyle Behaviors of the University Students Living Away from Their Home: A Cross-Sectional Study. *Research on Humanities and Social Sciences*, Vol.7, No.2; 28-32.
23. **Hani J. Hamad**, Diana Theeb Abu-Hassouneh, Mohammed O. Ibrahim and "Mo'ez Al-Islam" E. Faris. (2016). Prevalence of Obesity among Jordanian School-aged Adolescents in Greater Amman. *Journal of Health, Medicine and Nursing*, Vol.33; 91-96.
24. Maher Al-Dabbas, Mohammed Saleh, **Hani J. Hamad** and Waseem Hamadeh. (2016). Chlorophyll color retention in green pepper preserved in natural lemon juice. *Journal of Food Processing and Preservation*, Vol. 27, No. 10; 6628-6633. Wiley Periodicals, Inc. **(SCOPUS Q2)**
25. **Hani J. Hamad**, Ahmad A. Gharaibeh, Motasem Al-Masad, Ahmad Q. Al-Momani, Wasfy Hamad and Ashraf Khashroum (2016) Comparison Between the Effects of Different Sources of Dietary Fiber on Blood Lipid Profile in Rats. *Journal of Biology, Agriculture and Healthcare*, Vol.6, No.12; 70-77.
26. Wasfy J. Hamad and **Hani J. Hamad** (2016). Metabolic syndrome (MS): definition, classification and potential associated factors. *International Journal of Health Sciences & Research (IJHSR)*, Vol.6, No.6; 360-369.
27. **Hani J. Hamad**, Ashraf Khashroum and Bassam Aldeseit (2016). Nutritional and Health Outcomes of Household Food Insecurity (HFIS). *Journal of Biology, Agriculture and Healthcare*, Vol.6, No.4; 147-157.
28. **Hani J. Hamad** and Ashraf Khashroum (2016). Household Food Insecurity (HFIS): Definitions, Measurements, Socio-Demographic and Economic Aspects. *Journal of Natural Sciences Research*, Vol.6, No.2; 63-75.

29. Mohammed O. Ibrahim, Mousa N. Ahmad, **Hani J. Hamad** and Wasfy J. Hamad (2016). Effect of Birhi Variety of Date Palm Fruits, (*Phoenix dactylifera L.*) at the Tamr Stage on Serum Glucose Levels in Streptozotocin-Induced Diabetic Rats. *Journal of Agricultural Science*, Vol. 8, No. 1; 110-118.
 30. **Hani J. Hamad**, Mysaa Ata, Wasfy J. Hamad and Hamed R. Takruri (2015). Effect of Soaking and Fermentation of Wheat Bran on Weight Gain, Accumulative Food Intake and Food Efficiency Ratio in Rats. *Journal of Agricultural Science*, Vol. 7, No. 11; 200-207.
 31. Mysaa Ata and **Hani J. Hamad** (2015). Relationship between Birth Weight and Body Growth of Awassi Lambs during Early Weaning. *Journal of Biology, Agriculture and Healthcare*, Vol.5, No.24; 95-99.
 32. Wasfy J. Hamad, **Hani J. Hamad** and Mohammed O. Ibrahim (2015). "Alzheimer disease & genetics: Amini review". *International Journal of Current Research*, Vol.7, No.11; 23067-23073.
 33. Hamed R. Takruri and **Hani J. Hamad** (2005). The effect of different processing treatments of wheat bran on serum lipids and lipoproteins in Sprague-Dawley rat. *Arab Journal for Food and Nutrition*, 6(12), 616.
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Students supervision :

- Fadia Hamad Momani, MSc thesis, titled "The relationship between household food insecurity and metabolic syndrome among adult females in Ajloun Governorate", 2022
- Abdullah H. Anaqreh, MSc thesis, titled "Household food insecurity and nutritional status of Jordanian pre-school children", 2022

Editorial Board membership:

- Global Journal of Public Health Medicine (GJPHM)
<https://www.gjphm.org/index.php/gjphm/about/editorialTeam>
- International Journal of Advanced Multidisciplinary Research and Studies

Reviewing research papers:

- Many local and international journals (e.g. Malaysian Journal of Nutrition, JORDAN JOURNAL OF AGRICULTURAL SCIENCES, etc....)
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Conferences:

- October 14–15, 2024 "Beyond Boundaries: AI Transforming the WEF E Nexus" conference.
Organized by Higher Council for Science and Technology (HCST), Amman, Jordan.
- February 21-22, 2024 2nd Pediatric Nutrition Conference: "Emerging Insights into Nutrition in Pediatric Metabolic Diseases" Qatar University (Oral Presentation)
- 2023 MUAJ-EMJ 1st International Conference on Asian Studies Proceeding ICAS, Jerash university, Jordan
- April 27-29 2023 4th International Conference on Food, Agriculture and Animal Sciences, Sivas, Turkey (Speaker: Webinar)

- July 13-14, 2020 "Nutrition Research Virtual 2020" organized by International Nutrition Research Conference (Nutrition 2020) ; theme 'Highlighting Recent Advances and Techniques in Nutrition Research.' (Speaker)
- 25-28/11/2020 The Ninth International Medical Conference of the Jordanian Medical Association, Irbid, Jordan. "Trans Fatty Acids and Cardiovascular Diseases" (Speaker)
- 28-30/04/2019 Conference on Food Security and Sustainable Agriculture within Climate Change" Held at Faculty of Agriculture, Jerash University, Jerash, Jordan. (Speaker).
- 10-12/04/2019 "The First International Conference on Modern Nanotechnology and its Applications" Held at Jordan University of science and Technology (JUST), Jordan. (Jerash University representative).
- 24-26/04/2019 The Eighth International Medical Conference of the Jordanian Medical Association, Irbid, Jordan. "Effect of the Residual Microbial and Chemical Environmental Pollutants in Vegetables and Fruits on Health" (Speaker)
- 03/07/2018 "The Third International Conference on the Ethics of Scientific Research in Jordan" Held at Jordan University of science and Technology (JUST), Jordan. (Jerash University representative).
- 02/2018 "A workshop to draft the national food strategy to achieve "zero hunger" within the 2030 United Nations development goals" organized by The Jordanian Higher Committee for Sustainable Strategy Towards "Zero Hunger", Amman ,Jordan (Jerash University Committee).
- 22-24/03/2017 The Sixth International Medical Conference of the Jordanian Medical Association, Irbid, Jordan. Assessment of Healthy Dietary Behaviors of School Children and Adolescents in Rural Areas: A Nutritional Survey (Speaker)
- 24-26/06/2014 The first Agricultural Scientific Conference of the Faculty of Agriculture "Agricultural production in the Arab world between reality and ambition". Held at Faculty of Agriculture, Jerash University, Jerash, Jordan. (Speaker).
- 16-17/11/2011 Functional Foods Conference: Nutritional and Health Implications. Held at Faculty of Medicine and Health Sciences, University of Putra, Malaysia (UPM), Malaysia. (Poster Presentation).
- 24-25/03/2011 Nutrition Society of Malaysia (NSM)-26th Scientific Conference. Held at Crowne Plaza Mutiara Hotel, Kuala Lumpur, Malaysia. (Participant)

Workshops /Seminars/Training courses attended:

- 05/2023 Training course "**Advanced Statistical Analysis Using SPSS Part 02**". Organized by Faculty of Allied Medical Sciences, Philadelphia University, Jordan.
- 02/2023 Training course "**Advanced Statistical Analysis Using SPSS Part 01**". Organized by Faculty of Allied Medical Sciences, Philadelphia University, Jordan.
- 19/10/2011 Seminar "**Recent Advances in Maternal and Child Nutrition Seminar**". Organized by Department of Nutrition and Dietetics, University of Putra, Malaysia (UPM) and Mead Johnson Nutrition. Held at Faculty of Medicine and Health Sciences, UPM, Malaysia.
- 9-10/08/2011 Workshop "**Exploring Advanced Statistics Using SPSS**". Organized by School of Graduate Studies, University of Putra, Malaysia (UPM), Malaysia. Held at Faculty of Veterinary Medicine, UPM, Malaysia.
- 9-10/08/2011 Workshop "**Intermediate Statistical Analysis Using SPSS**". Organized by School of Graduate Studies, University of Putra, Malaysia (UPM), Malaysia. Held at Faculty of Veterinary Medicine, UPM, Malaysia.
- 11–12/07/2011 Workshop "Issues in Postgraduate Research (with emphasis on **SPSS in Biological Sciences): Basic**" Organized by School of Graduate Studies, University of Putra, Malaysia (UPM), Malaysia. Held at Faculty of Veterinary Medicine, UPM, Malaysia.
- 27–28/07/2011 Workshop "Issues in Postgraduate Research (with emphasis on **SPSS in Biological Sciences): Intermediate** " Organized by School of Graduate Studies, University of Putra, Malaysia (UPM), Malaysia. Held at Faculty of Veterinary Medicine, UPM, Malaysia.
- 19/07/2011 Seminar "**Research Methods for Community Studies, Social and Health Sciences Seminar**". Organized by School of Graduate Studies, University of Putra, Malaysia (UPM), Malaysia. Held at Faculty of Medicine and Health Sciences, UPM, Malaysia.
- 6-7/07/2011 Workshop "**Technique and Skill Improvement in Using the 'Integrated' SAS and Excel Packages in Data Handling, Statistical Analysis, and the Analysis Output and**

Presentation workshop". Organized by School of Graduate Studies, University of Putra, Malaysia (UPM), Malaysia. Held at Faculty of Medicine and Health Sciences, UPM, Malaysia.

8-10/12/2010 Workshop "**SPSS for Biological Sciences Workshop**". Organized by School of Graduate Studies, University of Putra, Malaysia (UPM), Malaysia. Held at Faculty of Medicine and Health Sciences, UPM, Malaysia.

10/11/2009 Seminar "**Updates on Child Nutrition and Health**". Organized by University of Putra, Malaysia (UPM) and Mead-Johnson Nutrition. Held at Faculty of Medicine and Health Sciences, UPM, Malaysia.

18-19/04/2006 Workshop "**Statistical Analysis Using SPSS**". Organized by **SPSS BI (Malaysia) SDN. BHD Company**. Held at University of Putra, Malaysia (UPM), Malaysia. (**Coordinator**)

25 /03/2006 Workshop "**SPSS Data Entering and Analysis**". Organized by University of Putra International Student Association (UPMISA). Held at University of Putra, Malaysia (UPM), Malaysia (**Coordinator**)

Languages:

<u>Language</u>	<u>Reading</u>	<u>Writing</u>	<u>Conversation</u>
Arabic (Native)	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent

Research interests:

- Community Nutrition fields
- Obesity and cardiovascular diseases
- Household Food security
- Impact of Environmental Factors on health
- Food processing and health
- Health benefits of dietary fibers
- Food Science and Technology

Membership:

- Agricultural Engineers Association, Jordan, since 27/7/1998.
- Nutrition Society of Malaysia (NSM), Malaysia since 1/1/2005
- Charities for Children with Pulmonary Diseases since 01/05/2024

References: Upon request

